



GREAT HEARTS IRVING

Monday	Tuesday	Wednesday	Thursday	Friday
October 1, 2018	October 2, 2018	October 3, 2018	October 4, 2018	October 5, 2018
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square ^ Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT ^ Mixed Fruit Cup Blended Fruit Juice Assorted Jelly Choice of Milk	VANILLA YOGURT Granola ^ Fresh Apple Choice of Milk	MAPLE PANCAKES ^ Fresh Banana Orange Juice Choice of Milk	CINNAMON TOAST CRUNCH ^ Animal Grahams ^ Fresh Apple Choice of Milk
October 8, 2018	October 9, 2018	October 10, 2018	October 11, 2018	October 12, 2018
STRAWBERRY BANANA YOGURT Granola ^ Craisins Apple-Cranberry Juice Choice of Milk	WAFFLES ^ Pineapple Tidbits Orange Juice Syrup Choice of Milk	FROSTED CORN FLAKES ^ Graham Crackers ^ Fresh Apple Choice of Milk	EGG & CHEESE BAGEL ^ Fresh Pear Blended Fruit Juice Choice of Milk	CINNAMON CHEX ^ Cherry Breakfast Bar ^ Fresh Apple Choice of Milk
October 15, 2018	October 16, 2018	October 17, 2018	October 18, 2018	October 19, 2018
GOLDEN GRAHAM CEREAL ^ Strawberry Pancake Square ^ Craisins Orange Juice Choice of Milk	Grape Juice Choice of Milk SCRAMBLED EGGS ENGLISH MUFFIN ^ Diced Pears	COCOA PUFFS ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Fresh Banana Apple-Cranberry Juice Syrup Choice of Milk	MOZZARELLA CHEESE STICK Blueberry Muffin ^ Fresh Apple Choice of Milk
October 22, 2018	October 23, 2018	October 24, 2018	October 25, 2018	October 26, 2018
RICE CHEX ^ Maple Breakfast Square ^ Craisins Apple-Cranberry Juice Choice of Milk	PANCAKES ^ Orange Juice Cinnamon Applesauce Syrup Choice of Milk	MOZZARELLA CHEESE STICK Tropical Mini Loaf ^ Fresh Apple Choice of Milk	NO SCHOOL	NO SCHOOL
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square ^ Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT ^ Diced Pears Orange Juice Assorted Jelly Choice of Milk	RASPBERRY YOGURT Granola ^ Fresh Apple Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

