



GREAT HEARTS IRVING LHS - Lunch 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
October 1, 2018	October 2, 2018	October 3, 2018	October 4, 2018	October 5, 2018
		Pineapple Tidbits Vanilla Cookie ^ Choice of Milk *NATIONAL TACO DAY!* TACO MEAT Tortilla Chips ^ Corn Grape Juice	HOT DOG WITH POTATO ROUNDS Hot Dog Bun Maple Baked Beans Fresh Apple Mustard Ketchup (2) Pretzels ^ Choice of Milk	*BUILD A BETTER BURGER* CHEESEBURGER Hamburger Bun Broccoli Diced Carrots Sriracha Ketchup Ketchup Mustard Fresh Banana Mixed Fruit Cup Choice of Milk
October 8, 2018	October 9, 2018	October 10, 2018	October 11, 2018	October 12, 2018
PAPA JOHN'S PIZZA Mixed Vegetables SunSet Sip Juice Mixed Fruit Cup Grape Juice Choice of Milk	SALISBURY STEAK W/GRAVY & MASHED POTATOES Sliced Bread ^ (2) Green Beans Diced Peaches Blended Fruit Juice Choice of Milk	*WRAP IT UP* BREADED CHICKEN STRIPS ^ Pita Bread ^ Broccoli Maple Baked Beans Fresh Banana Orange Juice BBQ Sauce Chocolate Cookie ^ Choice of Milk	CHILI French Fries Corn Muffin ^ Fresh Apple Ketchup Choice of Milk	NO LUNCH
October 15, 2018	October 16, 2018	October 17, 2018	October 18, 2018	October 19, 2018
LOVE YOUR CORN DOG CORN DOG ON A STICK^ Corn Green Beans Pineapple Tidbits Blended Fruit Juice Mustard Ketchup Choice of Milk	*LOVE YOUR BRUNCH* FRENCH TOAST STICKS W/SAUSAGE ^ Potato Rounds SunSet Sip Juice Diced Peaches Craisins Syrup Ketchup Choice of Milk	*LOVE YOUR VEG STICKS* CHEESE PIZZA ^ Fresh Baby Carrots Light Ranch Dressing Broccoli Grape Juice Diced Pears Choice of Milk	*LOVE YOUR FALL HARVEST* POPCORN CHICKEN Maple Baked Beans Diced Carrots Honey Mustard Cup Fresh Apple Pumpkin Chocolate Chip Mini Loaf ^ Choice of Milk	NO LUNCH
October 22, 2018	October 23, 2018	October 24, 2018	October 25, 2018	October 26, 2018
MEATLESS MONDAY** PAPA JOHN'S PIZZA SunSet Sip Juice Mixed Vegetables Diced Peaches Orange Juice Choice of Milk	Salsa Refried Beans Corn Pineapple Tidbits Blended Fruit Juice Tortilla Chips ^ CHICKEN QUESO BURRITO ^ Choice of Milk	RANCH TURKEY BURGER Hamburger Bun French Fries Green Beans Grape Juice Fresh Pear Ketchup (2) Light Ranch Dressing Choice of Milk	NO SCHOOL	NO SCHOOL
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
CHICKEN STRIPS W/SWEET POTATO PUFFS ^ Country Blend Vegetables Applesauce Cup Blended Fruit Juice BBQ Sauce Ketchup Chocolate Cookie ^ Choice of Milk	BAGEL DOG ^ Corn Maple Baked Beans Apple-Cranberry Juice Mixed Fruit Cup Mustard Ketchup Choice of Milk	FRENCH BREAD CHEESE PIZZA^ Mixed Vegetables Diced Peaches Orange Juice Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.